

# Health Fair upcoming

Health & Harmony Center will host an Open House Health Fair from 2:30-6:30 p.m. on Saturday, Oct. 4.

The center is celebrating its 18th year in Southwest Florida. This event will feature all of the services offered: yoga, massage, integrated awareness, meditation, reiki, gyrokinesis, crystal bowls, and products and gift items from the Harmony Shoppe.

The launch of the Ayurvedic skin care line, Shankara, will also be part of the celebration, as well as the introduction of children's yoga classes.

A special aspect will be a silent auction featuring center services, local artists and authors, and products. The proceeds will benefit the Wishbone Animal Rescue

Inc., a no-kill, non-profit organization in Southwest Florida. It is dedicated to taking homeless animals off the streets and finding permanent homes.

"For 18 years we have been proud of the important service we provide this community," said owner/director Kandy Love. "All the healing art programs which the teachers and therapists offer help people to change their lives, to live more in harmony with themselves and their environment, and to have more fun in their daily living."

Health & Harmony Center is located in the Iona Schoolhouse Professional Center, 15951 McGregor Blvd. in Fort Myers. For more information, call (239) 433-5995 or visit [www.healthandharmonyonline.com](http://www.healthandharmonyonline.com). ■

# Fraternity to present health forum

Omega Psi Phi will hold its ninth annual health forum from 8 a.m. to noon on Saturday, Sept. 27 at Dunbar High School in Fort Myers.

Free health tests and education will be offered, including breast and cervical cancer, lung disease, prostate and colon cancer, diabetes, stroke, blood pressure, sleep disorder and HIV/AIDS.

Omega Psi Phi and Lee Memorial Health System would like to thank their partners: 21st Century Oncology, Family Health Center of Southwest Florida, Inc, GI Associates, Lee County Health Department, Omega Youth and Community Development, Southwest Florida Urologic Associates, The News-Press and Walgreen's. ■



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# Take a Seat For Safety!



## Fitting Event!

**Join Kohl's and The Children's Hospital of Southwest Florida for a free "Take a Seat for Safety" fitting event.**

**SATURDAY**  
**September 20th**  
9:00 AM to Noon

**IN THE KOHL'S PARKING LOT**  
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