

HOSPITAL NEWS

Hospital holding volunteer recruitment fair

Lee Memorial Health System will host a Volunteer Recruitment Fair on Tuesday, Sept. 11 from 9 a.m. to 11 a.m. at Lee Memorial Hospital and Southwest Florida Regional Medical Center.

Those attending the fair will find out first-hand what's involved in being an LMHS volunteer. Tours of the hospitals will be conducted to allow people to see exactly what volunteers do as they perform their duties at the information desks, gift shops, in nursing units and the Emergency Department, as couriers, trolley drivers and more.

"There are so many people who have

time on their hands and an interest in giving back to the community," says Donna Bradish, Director of Volunteer Resources at Lee Memorial Hospital. "Many of them have worked for decades and have wonderful skills and talents. We want to match their interests with our needs. It's a win-win situation for everyone."

Anyone who signs up to volunteer that day will receive a free LMHS volunteer uniform, and a chance to win prizes.

If you go

- >>Who: Volunteer Resources, Lee Memorial Health System
- >>What: Recruitment Fair
- >>When: Tuesday, Sept. 11, 9 a.m. until 11 a.m.
- >>Where: Lee Memorial Hospital, Volunteer Resources Conf. Room, 2776 Cleveland Avenue, and Southwest Florida Regional Medical Center, Main Lobby, 2727 Winkler Avenue, Fort Myers

New therapy for children's swallowing disorders at Gulf Coast Hospital

Gulf Coast Hospital's Rehabilitation Center has introduced an innovative medical treatment for children either born with swallowing disorders or who have developed them as a result of an illness or injury. Previously available only to the adult population in Southwest Florida, VitalStim Therapy is now available to children as well.

VitalStim Therapy uses electrical stimulation with specially designed surface electrodes placed on the child's neck to stimulate inactive or weak swallowing muscles in children with swallowing disorders. This system activates the key swallowing muscles and helps the brain create or re-learn the functional muscle patterns necessary to initiate or re-establish swallowing.

Children are evaluated and treated by Stacey Brill, a licensed speech-language pathologist who is certified in both pediatric and adult VitalStim treatment.

"We've seen great success with adults using VitalStim. I am thrilled we're able to offer it to every age

now, so infants or children with feeding or swallowing disorders can benefit from this," says Brill.

Parents interested in having their child evaluated for treatment need a prescription from their child's pediatrician or primary care physician.

Caregiver classes set

If you are the full-time caregiver for a loved one, you are invited to attend free caregiver training and education classes in Lee County during September.

The CARE Program, Caregivers Assistance and Regional Education is a collaborative effort between the Florida Department of Elder Affairs, Area Agency on Aging for Southwest Florida, Inc., Lee Memorial Health System, Hope of Southwest Florida, Alvin A. Dubin Alzheimer's Resource Center and Faith in Action. Personal care, caregiver feelings, roles and responsibilities, end of life issues and community resources are just a few of the topics to be discussed.

Classes are twice a week for two consecutive weeks, with each class lasting three hours. Classes will be held at Cypress Lake United Methodist Church. Don't miss this opportunity to come together and learn with other caregivers how to better care for your loved one, as well as how to better care for yourself. To register call 866-231-0921.

Class dates and times: Sept. 4, 6, 11 and 13 at: Cypress Lake United Methodist Church, 8570 Cypress Lake Drive, Fort Myers, 33919.

Time: 1 p.m. - 4 p.m. (Sept. 4 and 6), 1 p.m. - 4:30 (Sept. 11 and 13).

Lee Memorial holding classes for people with heart problems

Lee Congestive Heart Failure Care is holding free education series open to any community member who has been diagnosed with Congestive Heart Failure or who has a loved one with this condition.

Beginning in September, a different topic will be discussed each month and may include, but not be limited to, the following:

- What is Heart Failure?
- Nutrition for a Health Heart

- Red Warning Flags for CHF
- Who should be on your CHF Team?
- Managing the Medication Maze

Classes will be held at HealthPark Medical Center in Room 1A from 11 a.m. to noon on the following dates: Sept. 13, Dec. 13, Oct. 11, Jan. 10, Nov. 8, and Feb. 14. Registration is not necessary. Call 573-5725 for more information.



Physicians & Staff are pleased to welcome their new associate, Dr. Shalin B. Mehta.

Dr. Mehta was born in Baltimore, Maryland. He received his Bachelor of Science degree from the University of Maryland in 1996. He was awarded his medical degree from the University of Maryland School of Medicine in 2000. In 2003, he completed his Residency in Internal Medicine at Case Western University in Cleveland, Ohio. He subsequently completed a Cardiology Fellowship at Brown University in Providence, Rhode Island in 2006. He remained within the Ivy League system, completing an Interventional Cardiology Fellowship at Brown Medical School/The Miriam Hospital in 2007. Dr. Mehta is certified by the American Board of Internal Medicine. He is Board eligible for cardiovascular diseases.

He is a Diplomate of the Certification Board of Nuclear Cardiology.

Dr. Mehta's interests include cardiac catheterization, coronary angioplasty and stenting, peripheral angioplasty, consultative cardiology, transesophageal echocardiography, and nuclear cardiology.



Shalin B. Mehta, MD

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To schedule an appointment call

239-938-2000

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