

# 'Blades to retire Berg, Buckley jerseys



**Tom Buckley**

The Florida Everblades, as part of their 10th Anniversary celebration, will honor two local hockey icons. The 'Blades will retire the jerseys of Reggie Berg and Tom Buckley prior to their season opening game on Friday, October 19 vs. Mississippi Sea Wolves.

Uniform numbers 10 and 14 will be officially retired when they are raised to the rafters of Germain Arena, becoming the first uniform numbers to be retired by the organization. Berg and Buckley sit first and second respectively as the organization's all-time leading scorers. Berg recently surpassed Buckley as the team's all-time leading scorer when he collected an assist on April 1 at Pensacola.

Berg announced his retirement from hockey earlier this off-season and finished his career with the Everblades by scoring 145 goals and adding 174 assists for 319 points in 280 games

Buckley saw his career with the Everblades begin in 1999-2000 and retired from hockey following the 2003-04 campaign. Over his five seasons in Southwest Florida, Buckley notched 103 goals and picked up 207 assists for 310 points in 288 career games

Visit [www.floridaeverblades.com](http://www.floridaeverblades.com) and [www.germainarena.com](http://www.germainarena.com) for more information on ticket packages, pricing and upcoming Germain Arena events. ■

# Men get migraines too

Despite the long-held belief that migraine headache is only a "woman's disease," a recent online survey conducted by the National Headache Foundation revealed that men who were diagnosed with headache were most often diagnosed with migraine headaches (36 percent).

An estimated 7.5 million men in the United States suffer from migraine. Migraine can be a debilitating condition for which treatments are available.

"Unfortunately, many men who are suffering from migraine are not discussing their condition with their healthcare providers," stated Suzanne Simons, Executive Director of the NHF. "It is important that men take the time to talk about their headaches so they receive the appropriate diagnosis and treatment plan."

According to the NHF survey, nearly a third of men who suffer from headaches have not had their headaches diagnosed by a physician. Twenty-four percent reported that they did not visit a doctor about their headaches because they felt they should be able to "tough it out," and an equal number felt that it was not a serious enough condition to warrant a doctor visit. The survey also found that most men with headache obtain their health-related information from their healthcare provider (79 percent) or the Internet (67 percent). Of particular interest, 55 percent of men with headache had a family history of headache, and of those, fifty-two percent had a mother who had headache.

"It is important for people who suffer from headaches—both men and women—to visit their healthcare providers and discuss their headaches," said Dr. Roger Cady, Vice President and Board member of the NHF. "Headaches can be treated and managed, so there is no need for men to "tough them out." ■



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